

# P.U.G. Newsletter

May 2016

Volume 1, Number 4

## In This Issue

- **Sobriety Court Dates:**  
Courtroom J

May 6th 1:30pm

May 20th 1:30pm

- **OWI Court Dates:**  
Courtroom N

May 13th 2pm

May 27th 2pm

- **Phase Up Support Meetings**

Fridays following the Sobriety Court Session in the 3rd Floor Jury Room J and following OWI Court in Jury Room N

Tuesdays @ 7pm at Recovery Institute (Planning Meeting)

- **SMART Recovery Meetings**

Monday & Wednesday 2pm-3pm  
Thursday 8:30am  
at Recovery Institute

Wednesdays 6:30pm-8pm  
at Pine Rest on Nichols Rd.



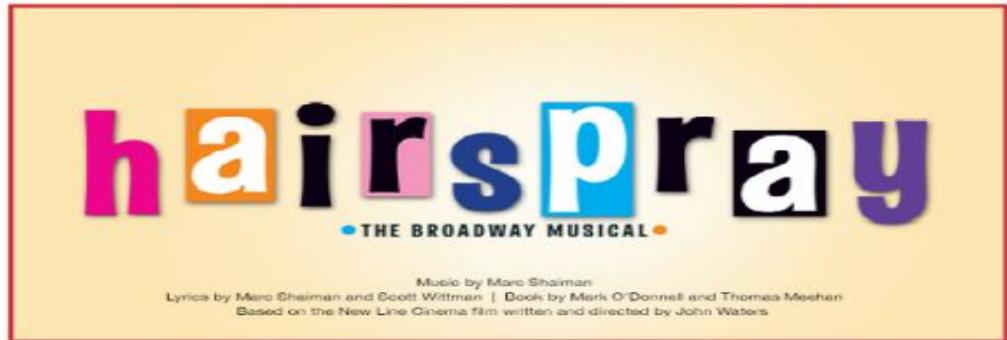
[michigan-na.org/sw\\_michigan](http://michigan-na.org/sw_michigan)  
[sites.google.com/site/kalamazooingroup/](http://sites.google.com/site/kalamazooingroup/)

New Bilingual Spanish AA meeting Saturday at 2:00 pm at The Alano Club

Fundraising Euchre Tournament Saturdays at 7pm at Eastwood House of Recovery



## Sunday May 15th @ 2pm At The Civic Center



**Cost is \$20 per person, Must be paid by May 10th**

## Here's what People are Saying:

My story before sobriety court was probably similar to a lot of other people in the program. I spent a lot of time and money out at bars and looking for the next party, for me though one thing that might be different is that at the peak of my downfall I was on the verge of my first child being born. Waking up in a jail cell after crashing my newly purchased truck was a nice eye opener that I needed to change my lifestyle, and luckily I had the push of sobriety court to be the extra motivation I couldn't find in myself to start the change in my life I so desperately needed. Now eight months sober and in a much better place in life than at the start I am ever grateful to Judge Westra and all of the supporting staff that make this program possible for seeing that even reckless youths such as myself can turn things around and become the person in life we are meant to be.

Nicholas Kaleward.

*We want to hear what you have to say. Email us at: [pug.kalamazoo@gmail.com](mailto:pug.kalamazoo@gmail.com)*



## HEALING VOICES MOVIE

**Monday, May 2nd, 2016**

**Portage Central High School Auditorium**

**8135 S. Westnedge, Portage**

**Doors open 6:00pm Movie Starts 6:30pm**

**Counts as a meeting or Pro-social event**

**Survey:** 1.) Would you be interested in participating in a Phase Up Golf League or Golf Outing?  
2.) What times work best for you for Phase Up meetings?  
3.) What times work best for you for support group meetings?  
4.) Did you attend the PUG Tigers game last summer? If so, would you be willing to share your story?  
Email your answers to [pug.kalamazoo@gmail.com](mailto:pug.kalamazoo@gmail.com)

**MAY'S  
PHASE UP SPONSORED  
SOBER OUTINGS\***  
**\*Family & Friends Welcome**

**May 2nd**  
Healing Voices Movie  
at Portage Central Auditorium  
Doors open at 6pm

**May 6th**  
Friday at 6pm  
Downtown Art Hop

**Sunday May 8th Mother's Day**

**Saturdays in May**  
Walk for Wellness  
Saturday 11am  
Celery Flats Trails  
Park in the D&W Parking lot  
On Romence Rd.

**May 15th**  
Sunday 2pm Hairspray  
At the Civic Center  
Cost \$20

**May 21st**  
Habitat for Humanity  
Volunteer and Community  
Service Outing  
Saturday Starting at 8am

**Monday May 30th Memorial Day**

**COMING SOON:**



**DETROIT TIGERS GAME**

**SOBER OUTING**

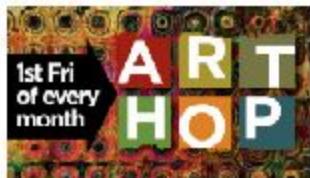
**Sunday June 26, 2016**

Against the Cleveland Indians @ 1:08pm  
Bus Leaves the ODAAT Parking Lot at 8:00am  
COST IS \$120 PER PERSON

**TRIP INCLUDES:**

LOWER LEVEL BOX SEATS FIRST BASE SIDE  
ROUND TRIP BUS RIDE  
FOOD, DESSERTS AND SODAS FOR THE BUS  
\$50.00 Deposit Due At Time Of Sign Up  
Balance Due By June 16, 2015

**Contact Us:**  
[pug.kalamazoo@gmail.com](mailto:pug.kalamazoo@gmail.com)



**Friday May 6th Meet on the East  
Courtyard of the Radisson Hotel Downtown  
at 6pm outside by Burdicks Restaurant.  
(weather permitting)**



**MAY 21ST 8:00AM TO 3:00PM**

**Join us for a Volunteer and Community Service  
Outing at Habitat for Humanity We will have an  
orientation on Tuesday May 17th at 7pm at  
Recovery Institute. You have to be signed up by  
Monday May 16th either by email or on the  
Facebook page. for more information contact Bill**



**Walk for the Health of It**

**Join us Saturdays at 11am.  
(weather permitting)  
We'll meet in the parking lot of  
D&W on romence rd. and be  
walking on Celery Flats Trails**

## **Michigan Celebrates a Drunk Driving Solution That Really Works: Sobriety Court**

Not everyone was convinced it would work. After all, the best way to deal with drunk drivers is to take away their license, fine them and punish them.

Apparently a number of Michigan counties thought better; they instead they instituted a **Sobriety Court** system. A sobriety court, DWI court, or treatment court is a non-traditional court that focuses on offenders with medical and social problems that lead to their run-ins with the judicial system. These can include drunk drivers, drug addicts, and people with post traumatic stress disorder.

The courts have been a success. Last Thursday a press event in Lansing highlighted the role of sobriety courts and ignition interlocks in reducing drunk driving. Another event was held in Kalamazoo, and a Wayne County judge announced his personal support for the program as well.

Why all the celebration? It's because the ignition interlock/DWI court combination works! The benefits are many and compelling.

All in all, sobriety courts save money, strengthen communities rather than disrupt them, and reduce recidivism dramatically. They increase compliance with ignition interlock requirements, and increase completion of alcohol treatment programs. No program has a 1000 batting average, but sobriety courts are as close to a magic bullet as anything we've found so far.

Michigan is on to something, and they know it. The program is a winner for offenders, the state, and society at large. May 26, 2015 / By Charles Hickman



**Is anyone knowledgeable of website design and  
willing to assist Phase Up set up a website?  
(counts as community service) email us or see Bill**

**If you would like to contribute to the Newsletter in any way or have the Newsletter emailed to you,  
Email us at [pug.kalamazoo@gmail.com](mailto:pug.kalamazoo@gmail.com)**