



P.U.G. Newsletter

May 2016

Volume 1, Number 4

In This Issue

• Sobriety Court Dates: Courtroom J

May 6th 1:30pm

May 20th 1:30pm

• OWI Court Dates: Courtroom N

May 13th 2pm

May 27th 2pm

• Phase Up Support Meetings

Fridays following the Sobriety Court Session in the 3rd Floor Jury Room J and following OWI Court in Jury Room N

Tuesdays @ 7pm at Recovery Institute (Planning Meeting)

• SMART Recovery Meetings

Monday & Wednesday 2pm-3pm
Thursday 8:30am
at Recovery Institute

Wednesdays 6:30pm-8pm
at Pine Rest on Nichols Rd.



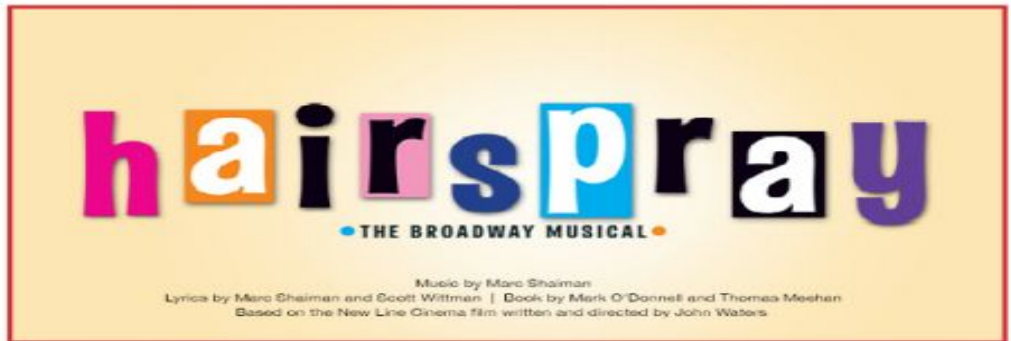
michigan-na.org/sw_michigan
sites.google.com/site/kalamazooointergroup/

New Bilingual Spanish AA meeting Saturday at 2:00 pm at The Alano Club

Fundraising Euchre Tournament Saturdays at 7pm at Eastwood House of Recovery



Sunday May 15th @ 2pm At The Civic Center



Cost is \$20 per person, Must be paid by May 10th

Here's what People are Saying:

My story before sobriety court was probably similar to a lot of other people in the program. I spent a lot of time and money out at bars and looking for the next party, for me though one thing that might be different is that at the peak of my downfall I was on the verge of my first child being born. Waking up in a jail cell after crashing my newly purchased truck was a nice eye opener that I needed to change my lifestyle, and luckily I had the push of sobriety court to be the extra motivation I couldn't find in myself to start the change in my life I so desperately needed. Now eight months sober and in a much better place in life than at the start I am ever grateful to Judge Westra and all of the supporting staff that make this program possible for seeing that even reckless youths such as myself can turn things around and become the person in life we are meant to be.

Nicholas Kaleward.

We want to hear what you have to say. Email us at: pug.kalamazoo@gmail.com



HEALING VOICES MOVIE

Monday, May 2nd, 2016

Portage Central High School Auditorium
8135 S. Westnedge, Portage

Doors open 6:00pm Movie Starts 6:30pm

Counts as a meeting or Pro-social event

Survey: 1.) Would you be interested in participating in a Phase Up Golf League or Golf Outing?
2.) What times work best for you for Phase Up meetings?
3.) What times work best for you for support group meetings?
4.) Did you attend the PUG Tigers game last summer? If so, would you be willing to share your story?

Email your answers to pug.kalamazoo@gmail.com

**MAY'S
PHASE UP SPONSORED
SOBER OUTINGS***

***Family & Friends Welcome**

May 2nd
Healing Voices Movie
at Portage Central Auditorium
Doors open at 6pm

May 6th
Friday at 6pm
Downtown Art Hop

Sunday May 8th Mother's Day

Saturdays in May
Walk for Wellness
Saturday 11am
Celery Flats Trails
Park in the D&W Parking lot
On Romence Rd.

May 15th
Sunday 2pm Hairspray
At the Civic Center
Cost \$20

May 21st
Habitat for Humanity
Volunteer and Community
Service Outing
Saturday Starting at 8am

Monday May 30th Memorial Day

COMING SOON:



**DETROIT
Tigers**

DETROIT TIGERS GAME

SOBER OUTING

Sunday June 26, 2016

Against the Cleveland Indians @ 1:08pm

Bus Leaves the ODAAT Parking Lot at 8:00am

COST IS \$120 PER PERSON

TRIP INCLUDES:

LOWER LEVEL BOX SEATS FIRST BASE SIDE

ROUND TRIP BUS RIDE

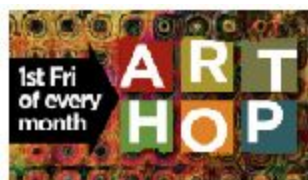
FOOD, DESSERTS AND SODAS FOR THE BUS

\$50.00 Deposit Due At Time Of Sign Up

Balance Due By June 16, 2015

Contact Us:

pug.kalamazoo@gmail.com



Friday May 6th Meet on the East
Courtyard of the Radisson Hotel Downtown
at 6pm outside by Burdicks Restaurant.
(weather permitting)



MAY 21ST 8:00AM TO 3:00PM

Join us for a Volunteer and Community Service
Outing at Habitat for Humanity We will have an
orientation on Tuesday May 17th at 7pm at
Recovery Institute. You have to be signed up by
Monday May 16th either by email or on the
Facebook page. for more information contact Bill



Walk for the Health of It

Join us Saturdays at 11am.
(weather permitting)
We'll meet in the parking lot of
D&W on romence rd. and be
walking on Celery Flats Trails

Michigan Celebrates a Drunk Driving Solution That Really Works: Sobriety Court

Not everyone was convinced it would work. After all, the best way to deal with drunk drivers is to take away their license, fine them and punish them.

Apparently a number of Michigan counties thought better; they instead they instituted a **Sobriety Court** system. A sobriety court, DWI court, or treatment court is a non-traditional court that focuses on offenders with medical and social problems that lead to their run-ins with the judicial system. These can include drunk drivers, drug addicts, and people with post traumatic stress disorder.

The courts have been a success. Last Thursday a press event in Lansing highlighted the role of sobriety courts and ignition interlocks in reducing drunk driving. Another event was held in Kalamazoo, and a Wayne County judge announced his personal support for the program as well.

Why all the celebration? It's because the ignition interlock/DWI court combination works! The benefits are many and compelling.

All in all, sobriety courts save money, strengthen communities rather than disrupt them, and reduce recidivism dramatically. They increase compliance with ignition interlock requirements, and increase completion of alcohol treatment programs. No program has a 1000 batting average, but sobriety courts are as close to a magic bullet as anything we've found so far.

Michigan is on to something, and they know it. The program is a winner for offenders, the state, and society at large. May 26, 2015 / By Charles Hickman



Is anyone knowledgeable of website design and willing to assist Phase Up set up a website? (counts as community service) email us or see Bill

**If you would like to contribute to the Newsletter in any way or have the Newsletter emailed to you,
Email us at pug.kalamazoo@gmail.com**