

N.O.R.P. Newsletter

April 2016

Volume 1, Number 3

In This Issue

• Men's Drug Court

April 1st 9am

April 15th 9am

April 29th 9am

• Women's Drug Court

April 8th 9am

March 22th 9am

• N.O.R.P. Group Meetings

Fridays immediately following the Court session in the 3rd Floor Jury Room J

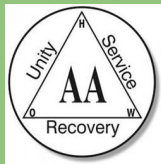
• W.D.T.C. Group Meetings

Fridays immediately following the Court session in the Jury Room K

• SMART Recovery Meetings

Monday & Wednesday 2pm-3pm
Thursday 8:30am
at Recovery Institute

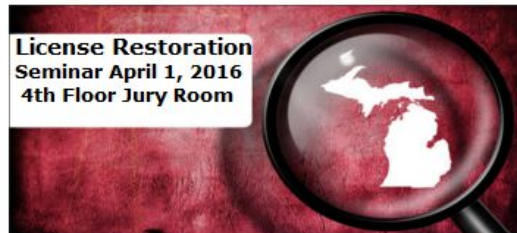
Wednesday's 6:30pm-8pm
at Pine Rest on Nichols Rd.



michigan-na.org/sw_michigan
sites.google.com/site/kalamazoointergroup/

New Bilingual Spanish AA meeting Tuesday at 6:00 pm at Recovery Institute. 1020 S Westnedge

Fundraising Euchre Tournament Saturdays at 7pm at Eastwood House of Recovery



"Get Your Michigan Driver's License Back!" by author Michael G. Brock L.M.S.W. If you are looking for a chance to get all your license restoration questions answered this is your time.

The Phase up group will be hosting a Driver's license restoration training at the 8th District Court in the 4th floor jury room. We will have multiple speakers discussing every aspect of license restoration. The first 40 attendees will receive the book

New W.D.T.C Support Group

For Participants and Alumni of Women's Drug Treatment Court at 11am after the Court session in Jury Room K on the first floor of the Courthouse. *It counts as your meeting for the day.*

Your Opinion: Favorite Support Meeting

There are so many meetings in Kalamazoo and Portage but I do have a few favorites that I really enjoy going to. Some AA meetings are boring and everyone dreads going because the same people have the same stories every time. This isn't the case at ODAAT (one day at a time) and the St. Thomas USR(Unity, Service, Recovery) group. ODAAT has about 5 meeting a day. During the week you can enjoy 12 & 12 studies, Big Book studies, Meditation and Joe And Charlie recordings. Everyone at these groups are friendly and actually care about you. There is a lot of sobriety here. Anywhere from 24 hours to 30 years. The USR group also has 12&12, Big Book studies and meditation. The USR group is a young people's group but anyone is welcome. My favorite meeting is the Friday night meditation meeting. They use a guided meditation tape for about 20-25 minutes then the rest of the time is an open topic meeting. Usually about the meditation. Everyone at these groups are really nice. At USR they ask if anyone wants to be a sponsor at the end of a meeting, so if you need a sponsor these are great meetings to go to. I hope this helped you out and I hope to see you all there!! Lance L.

Tell us where your Favorite Support meeting is and why you like it. Email us at norp.kalamazoo@gmail.com and we'll publish the results in the next issue.

Survey: What time is the best for you to attend a meeting Morning or Evening? Email us your answer at norp.kalamazoo@gmail.com

What's Your Recovery Story? Let us share it for inspiration. You can remain anonymous if you so chose.

**APRIL'S
PHASE UP SPONSORED
SOBER OUTINGS***
*Family & Friends Welcome

April 1st
Friday at Noon
Drivers License
Restoration Seminar
4th Floor Jury Room

April 1st
Friday at 6pm Art Hop

April 10th
Bowling & Pancakes
Sunday 9am-12pm
Airway Lanes
5626 Portage Rd.
Portage, MI 49002
\$10.00

April 16th
Walk for Wellness
Saturday 10am
Celery Flats Trails
Park in the D&W Parking lot
On Romence rd.

April 23th
Saturday 3:00 Matinee
Kalamazoo 10
820 Maple Hill Dr.
Kalamazoo, MI 49009

April 29th
Friday at Noon
Lawyers Discussion on
getting your license back
4th Floor Jury Room

COMING SOON:

May 15th
Hairspray
at the Civic Theater

June 26th
Detroit Tigers Baseball
Game

Contact Us:
norp.kalamazoo@gmail.com

Facebook Page:
www.facebook.com/norpgroup
or go to Facebook and search
NORP Support Group



Friday April 1st meet on the East
Courtyard of the Radisson Hotel Downtown
at 6pm outside by Burdick's Restaurant
(weather permitting)

Bowling & Pancakes at Airway Lanes



Join us on Sunday, April 10th from 9am till
Noon for Pancakes and Bowling. All the
pancakes you can eat and all the games you
can bowl for \$10.00 (rental shoes are
included). We will meet at Airway Lanes at
9am. Hope to see you there!!



Walk for Health of it!

Join us Saturday April 16th at 10am
We'll meet in the Parking lot of D&W
on Romence Rd. and be walking
around Celery Flat Trails and then
after the walk we'll have Lunch.
(lunch to be determined)



Movies at Kalamazoo 10



Join us on Saturday April 23rd at 3:00pm.

We will meet in the lobby of the Kalamazoo 10 Movie Theater and you will be
able to decide what movie you would like to go see.

Here's what People are Saying:

My name is Robert Plank and I am 9 months clean. I have a program of recovery
and I work it. I had the pleasure on March 5th of attending ISNAC (Indiana State
Narcotics Anonymous Convention). There were around 1800 people present
eager for recovery related growth. There were 3 speaker meetings going all day.
There's a marathon meeting available all day and 2 main speaker meetings. No
matter where you were at in your recovery there was so much education
available. It has also become a tradition to eat dinner at Joe's Crab Shack which
is awesome fellowshiping. From the newcomer to the old timer, the love was
apparent. There was a massive clean time countdown at the end of the night that
I missed the first half of but what I caught was very powerful. Kalamazoo will be
hosting MRCNA (Michigan Regional Convention) At the Radisson on June 30 to
July 3. I invite all that read this to come on out. If you want to get outside
yourself come do some service, I'll see you there!

We want to hear what you have to say. Email us at: norp.kalamazoo@gmail.com

Sign up for Sober Outings on Facebook or by Email

If you would like to contribute to the Newsletter in any way or want the Newsletter emailed to you,
email us at norp.kalamazoo@gmail.com