



Phase Up Newsletter

October 2017

Volume 2, Number 21

Phase Up Mission:

Peers
Helping
Achieve a
Substance free
Environment with
Unlimited
Possibilities

- **OWI Court Dates:**
Courtroom N Judge Ankley
October 13th 2pm
October 27th 2pm
Courtroom M Judge Haenicke
October 6th 10:00am
October 20th 10:00am

Phase Up Group Meetings

Fridays following the Sobriety Court and OWI Court sessions in the Jury Rooms and **Tuesday Nights @6pm** at Recovery Institute.

Support Meetings:

- Phase Up Group Meetings
Tuesdays @ 6pm at Recovery Institute
- SMART Recovery Meetings
Monday & Wednesday 2pm-3pm
Tuesday & Thursday 8:30am-9:30am at Recovery Institute

michigan-na.org/sw_michigan
sites.google.com/site/kalamazooointergroup/



DETROIT LIONS
SOBER OUTING BUS TRIP
Sunday November 12, 2017
COST IS \$160 PER PERSON
Against the Cleveland Browns @1:00pm
TRIP INCLUDES:
ROUND TRIP BUS RIDE
TAILGATING BEFORE THE GAME & LEFTOVERS AFTER THE GAME
FOOD, DESSERTS AND SODAS FOR THE BUS
\$60.00 Deposit Due At Time Of Sign Up

Balance Due By October 28, 2017

ANY QUESTIONS CONTACT BILL @ 269.275.0770 or Ken @ 269.720.4687

**Limited amount of seats left, first come first serve!
Get your Deposit in to save a seat!**

You and Your Voice are Important to Us

Phase Up Group is a group of peers that began working together while going through Sobriety Court. We met as a result of poor decisions but quickly wanted to affect change and let the 'masses' know there can be fun had in recovery.

Monthly, PUG offers activities to court participants and the public in a safe and friendly family environment. Although PUG board members are talented and creative, we do not know everything. If ever there is an activity or outing you are interested in, come and share your ideas at our weekly Tuesday evening meetings at 6:00 pm at the Recovery Institute.

The biggest hinderance in recovery is isolation. With all the court responsibilities, it can be overwhelming while navigating the system. What better way to get out and do things you are interested in then to help with the event planning. You and your voice are important to us and we hope to see you soon!



- Men's Drug Court
Courtroom D Judge Bridenstine
October 13th 9am
October 27th 9am
- Women's Drug Court
Courtroom K Judge Blatchford
October 6th 9am
October 20th 9am
- N.O.R.P. Group Meetings
Fridays immediately following the Court session in Jury Room M
- W.D.T.C. Group Meetings
Fridays immediately following the Court session in the Jury Room K

Coming: November 12th



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Contact Us:
Phone: 269-370-1291
Email:
pug.kalamazoo@gmail.com

Facebook Page:

www.facebook.com/norpgroup
www.facebook.com/phaseupgroup

Website:



Join us Saturday October 14th @ 1pm
for the Corn Maze at Gull Meadow Farms
8544 Gull Road, Richland MI 49083
Cost is \$9.50
Family and Friends always Welcome!

Movies & Popcorn at Kalamazoo 10



Join us on Saturday October 7th at 3:30pm. We will meet in the lobby of the Kalamazoo 10 Movie Theater and you will be able to decide what movie you would like to go see. Bring your Family and Friends!!!

Bowling & Pancakes at Airway Lanes:



Join us on Sunday, October 22nd from 9am till Noon for Pancakes and Bowling. All the pancakes you can eat and all the games you can bowl for \$10.00 (rental shoes are included). Bring your Family and Friends!!! We will meet at Airway Lanes at 9am. Hope to see you there!!

Join us for a Phase Up Get together!
Phase Up Dinner Thursday



Ten Ten Buffet Grill & Sushi
October 19th, Meet at 6:00pm

Adults: \$10.69 Kids: 7-11 \$7.39 Kids: 3-6 \$4.39

Family & Friends Always Welcome

Volunteer & Community Service Opportunities:



Volunteer Kalamazoo

BUILD • CONNECT • PROMOTE

WELCOME TO VOLUNTEER KALAMAZOO,
A PROGRAM OF GRYPHON PLACE!

Court Ordered Service

www.volunteerkalamazoo.org
3901 Emerald Dr. Kalamazoo, MI 49001
269-382-8350

GRYPHON
PLACE

2-1-1
Helping those in conflict and crisis

If you would like to contribute to the Newsletter in any way or have the Newsletter emailed to you, Email us at pug.kalamazoo@gmail.com