

Phase Up Newsletter

September 2016

Volume 1, Number 8

Phase Up Mission:

Peers
Helping
Achieve a
Substance free
Environment with

Unlimited
Possibilities

• **Sobriety Court Dates:**
Courtroom J Judge Westra
September 9th 1:30pm
September 23rd 1:30pm

• **OWI Court Dates:**
Courtroom N Judge Ankley
September 2nd 2pm
September 16th 2pm
September 30th 2pm
Courtroom M Judge Haenicke
September 9th 10:00am
September 23rd 10:00am

Phase Up Group Meetings

Fridays following the Sobriety Court and OWI Court sessions in the Jury Rooms



- **Men's Drug Court**
September 2nd 9am
September 16th 9am
September 30th 9am
- **Women's Drug Court**
September 9th 9am
September 23rd 9am
- **N.O.R.P. Group Meetings**
Fridays immediately following the Court session in Jury room M
- **W.D.T.C. Group Meetings**
Fridays immediately following the Court session in the Jury room K

Check out our New Website: Follow the link Below



<http://pugsite.wixsite.com/phaseup>

Here's what People are Saying:



Although the rainy weather tried to interfere with the second annual PUG Picnic Saturday August 27th it couldn't dampen the spirits of the PUG members nor family and friends that showed up to celebrate our recovery. There was a lot of good conversation, great food, and even some managed to get a game or two of cornhole in (even with a U of M board).

Thanks to Disko Dave for providing the music, for the Judges and Court staff for attending and showing their support of the program, and of course to all the sponsors whose support makes events like these possible, Heather from Smart Start Interlock, Herb from Nationwide Interlock, Ken from LOOK Insurance, and John Thingstad.

We look forward to seeing all of you at the many upcoming outings that are being planned by PUG. Please check future editions of the PUG newsletter or on the PUG Facebook page at <https://www.facebook.com/phaseupgroup/> for a listing of upcoming events.



Fundraising Euchre Tournament
EASTWOOD HOUSE OF RECOVERY
Every Saturday Night at 7pm



Support Meetings:

• Phase Up Group Meetings

Tuesdays @ 7pm at Recovery Institute

• SMART Recovery Meetings

Monday & Wednesday 2pm-3pm

Thursday 8:30am- 9:30am
at Recovery Institute

Wednesdays 6:30pm-8pm
at Pine Rest on Nichols Rd.



Tuesdays 1pm at Eastwood House
of Recovery



Tuesday's 6:00 to 7:30pm at Recovery Institute

Bilingual Spanish AA meeting
Saturday at 2:00 pm at The Alano
Club



michigan-na.org/sw_michigan
sites.google.com/site/kalamazooingroup/

Coming October 16th:



Contact Us:

pug.kalamazoo@gmail.com
norp.kalamazoo@gmail.com

Facebook Page:

wwok.com/w.facebookgroup
www.facebook.com/phaseupgroup

Bowling & Pancakes at Airway Lanes



Join us on Sunday, September 18th from 9am till Noon for Pancakes and Bowling. All the pancakes you can eat and all the games you can bowl for \$10.00 (rental shoes are included). We will meet at Airway Lanes at 9am. Hope to see you there!!

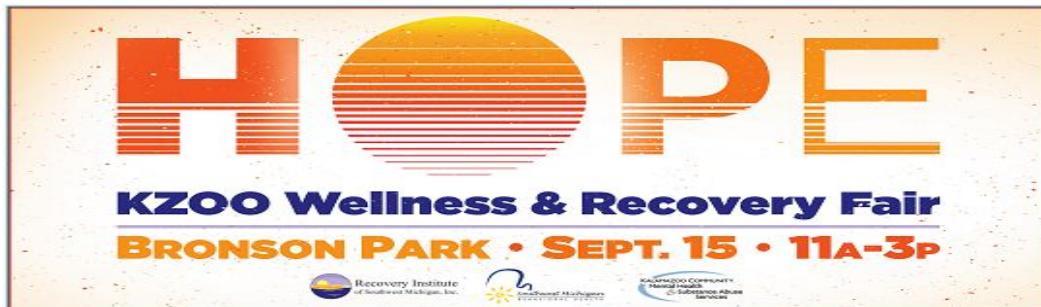
Movies at Kalamazoo 10



Join us on Saturday September 24th at 3:00pm. We will meet in the lobby of the Kalamazoo 10 Movie Theater and you will be able to decide what movie you would like to go see.

Volunteer & Community Service

Opportunities:



Lunch will be provided for volunteers who participate for 4 hours or more. Available hours are 8am to 5pm
Contact Bill at 269-343-6725



If you would like to contribute to the Newsletter in any way or have the Newsletter emailed to you,
Email us at pug.kalamazoo@gmail.com